



Meal Price:
Students – No cost
Adults \$5.02+tax

October 2022

Westbury High School | Lunch Menu

More Info...

Daily Milk Offerings: Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

Daily Fruit & Vegetable Offerings: Apple, orange, seasonal fruit, plus 100% juice (apple, orange, grape, fruit punch), baby carrots, celery sticks, tater tots or fries

Please Note: (WG) denotes whole grain, (P) denotes item may contain pork, (*) denotes item offered with WG dinner roll(s)

Powering potential.

Limited Time Offer:
Beef Taco Totcho Bowl

MON	TUES	WED	THURS	FRI
Bacon Cheeseburger ³ on WG Bun (P) Pear Steamed Green Beans	Homemade ⁴ Macaroni & Cheese Cantaloupe Roasted Broccoli	No School ⁵ Yom Kippur	Oven Roasted Chix* ⁶ Apple Garlic Mashed Potatoes	Roasted Vegetable ⁷ Pizza Orange Baby Carrots
No School ¹⁰ Columbus Day	Pizza Sticks w/ ¹¹ Marinara Sauce Apple Romaine Side Salad	French Toast Stix w/ ¹² Chix Sausage Patties Honeydew Melon Garbanzo Beans	Grilled Cheese ¹³ Melt w/ Bacon (P) Peach Cucumber Coins	BBQ Chicken Pizza ¹⁴ Strawberry Cup Baby Carrots
National Pasta Day ¹⁷ Cheesy Baked Penne Pear Spinach Salad	Chicken Drumstick w/ ¹⁸ Warm Cornbread Blueberries Black Beans	Black Bean & Plantain ¹⁹ Bowl w/ Rice Cantaloupe Zucchini Rounds	Chicken Teriyaki w/ ²⁰ Rice & Vegetables Apple Steamed Corn	Meat Lovers Pizza (P) ²¹ Clementines Baby Carrots
BBQ Chicken w/ Rice ²⁴ Strawberry Cup Roasted Broccoli	Country Chix Bowl ²⁵ Apple Cucumber Coins	Pork Carnitas Tacos ²⁶ Peach Vegetarian Beans	Philly Cheesesteak ²⁷ Cantaloupe Baked Tater Tots	Buffalo Chicken Pizza ²⁸ Orange Baby Carrots
Happy Halloween ³¹ Creole Chicken w/ Rice Peach Cup Yellow Squash	Celebrate National School Lunch Week 10/10 – 10/14			

Menus are subject to change.



Daily Grab & Go: Chicken Caesar salad* or ranch chicken salad*; assorted deli sandwiches w/ or w/o cheese; sunbutter & jelly; all on WG bread, wrap, or roll
Daily Hot Offerings: Chicken nuggets*, chicken patty or spicy chicken patty on WG bun, hamburger/cheeseburger on WG bun, cheese or pepperoni (P) pizza

All Lunches Must
 Include Choice of:
 Fruits and/or
 Vegetable

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 STUDENT
 NUTRITION

This institution is an equal
 opportunity providers